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Australian Diagnostic Reference Levels for Nuclear Medicine

The national Diagnostic Reference Levels (DRLs) for nuclear medicine, as of July 2023, are listed below. For additional information, statistical tables and a DRL comparison template, please visit ARPANSA's website (www.arpansa.gov.au/ndrls).

General Nuclear Medicine

Category	Scan			Pharmaceuticals*	DRL (MBq)
Cardiovascular	Gated blood pool scan			Pertechnetate, RBCs	1000
	MPI 1-day:	1st phase (rest)		Tetrofosmin, MIBI	350
		2nd phase (stress)		Tetrofosmin, MIBI	1150
	MPI 2-day:	1st phase		Tetrofosmin, MIBI	600
		2nd phase		Tetrofosmin, MIBI	600
Endocrine	Thyroid			Pertechnetate	200
	Parathyroid:	without subtraction		MIBI	800
		with subtraction		MIBI	900
		thyroid subtraction		Pertechnetate	220
Gastrointestinal	Gastric emptying (solid phase)			Colloid, DTPA	40
	Colonic transit			⁶⁷ Ga Citrate	20
Genitourinary	MAG3 Renal scan			MAG3	300
	DMSA Renal scan			DMSA	200
	Renal Imaging DTPA (not GFR)			DTPA	500
Hepatobiliary	Hepatobiliary		HIDA, DISIDA, Mebrofenin	200	
Infection	Infection		⁶⁷ Ga Citrate	220	
Lymphatic	Sentinel node (breast)†:		Same day surgery	Colloid	40
			Delayed	Colloid	80
	Sentinel node (melanoma)†			Colloid	52
Nervous system	Brain		ECD, HMPAO		800
Pulmonary	Lung perfusion		MAA	220	
Skeletal	Bone scan		MDP, HDP	900	

^{*}Unless otherwise specified, all pharmaceuticals are labelled with 99mTc.

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[†] Quoted DRL is for the total dose delivered, not per injection. The most common approach reported was 4 x 10 MBq injections for same day surgery.

CT component of SPECT/CT

Catagory	Danier	DRL	
Category	Region	CTDI _{vol} (mGy)	DLP (mGy.cm)
Cardiac	Chest (heart)	2.1	50
Lymphatic (breast ca.)	Chest	3.8	135
Neurological	Brain	-	255
Parathyroid	Neck/Chest	7.2	240
Pulmonary	Chest (lung)	4.6	150
Skeletal	Single width	4.8	200
Skeletal	Double width	4.8	365

 $\mathsf{CTDI}_{\mathsf{vol}}$ – volume computed tomography dose index

DLP – dose length product

Positron Emission Tomography

Scan	Pharmaceutical		DRL		
Scali		MBq/kg*	MBq		
Whole body†	¹⁸ F FDG	3.5	270		
Parkinsonian/ Alzheimer's	¹⁸ F FDG	-	230		
NETs	⁶⁸ Ga DOTA-TATE	2.2	200		
Prostate cancer	⁶⁸ Ga PSMA	2.2	200		
	¹⁸ F DCFPyL	3.7	270		

^{*} Variable DRLs only applicable for patients weighing between 50 and 120 kg.

CT component of PET/CT

Bosion	Arm position	DRL	
Region		CTDI _{vol} (mGy)	DLP (mGy.cm)
Prain vartay to pray /mid thighs	Up	4.2	430
Brain vertex to prox./mid thighs	Down	5.3	555
Brain vertex to toes	Up	3.9	675
brain vertex to toes	Down	4.6	825
Brain	Down	-	325

CTDI_{vol} – volume computed tomography dose index

DLP – dose length product

 $[\]ensuremath{^\dagger}$ Includes oncology, infection, inflammation and vasculitis scans